

MIND CHANGE: HOW DIGITAL TECHNOLOGIES ARE LEAVING THEIR MARK ON OUR BRAINS

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ABSTRACT

This is a review of Susan Greenfield's book *Mind Change: How Digital Technologies are Leaving their Mark on our Brains*. In her book, Greenfield introduces a new field, which is the impact of technology on thinking. The book reviews scary threats of using technology in the digital age. It presents the latest scientific studies and research about how digital technology destroys the mind and affects it deeply and negatively impacts the community.

Mind Change: How Digital Technologies are leaving their Mark on our Brains, S. Greenfield, Penguin Random House, New York, USA, (2015), 348 pp.

KEYWORDS: Technology, Mind, Brain, Change, Impact